

This is Google's cache of http://www.pasadenastarnews.com/business/ci_15284045?source=rss. It is a snapshot of the page as it appeared on Jun 24, 2010 13:40:04 GMT. The [current page](#) could have changed in the meantime. [Learn more](#)

These search terms are highlighted: **paulette saddler star news**

[Text-only version](#)

Search

This Site Web Search powered by YAHOO! SEARCH Alerts | Login | Newsletter | R

[Home](#) [News](#) [Sports](#) [Business](#) [Opinions](#) [LA.COM](#) [Features](#) [Info](#) [Marketplace](#) [Place an Ad](#) [Jobs](#) [Autos](#) [Homes](#) [Obits](#)



Font Resize

0 tweet

Share

Most Viewed Most Emailed

1. Pilot lands airplane on Chino Hills golfcourse
2. Sanchez to be sworn in at Pasadena City Hall ceremony
3. Pasadena catches World Cup fever
4. Azusa's troubled Rosedale housing project to see new construction this year
5. Past on Parade: 210 Freeway bridge over Arroyo Seco has history of collapses
6. Fire destroys newly opened Pasadena Plate 38 restaurant
7. Authorities release name of El Monte man killed in freeway crash
8. A 37-year-old riddle: Slain man found in Hacienda Heights
9. Pasadena Arts Center College offers teacher training program
10. Colorado Street Bridge celebration returns to Pasadena

Acupuncture treatments offered at Huntington Hospital Cancer Center

By Kevin Smith, Staff Writer
Posted: 06/12/2010 09:41:25 PM PDT

PASADENA - Dr. **Paulette Y. Saddler** has expanded her horizons - to Huntington Hospital Cancer Center.

Saddler, whose own medical practice in Pasadena combines traditional Western medicine with acupuncture techniques, is now offering acupuncture services at the cancer center.

"This is new and it really shows that Huntington Hospital is a leader in combining Eastern and Western techniques," **Saddler** said. "I go there once a week to see patients who are referred to me by doctors and nurses at Huntington."

Saddler said her acupuncture treatments can benefit patients who are suffering from the side effects of cancer or its treatment.

"We treat nausea and vomiting and fatigue," she said. "And some patients also have hot flashes. This can help with post-operative pain. And we can help people better prepare for chemotherapy and try to improve their energy level before surgery."

Saddler said the treatments can also be helpful for patients suffering from insomnia.

"If you are very fatigued and not sleeping well, you'll be debilitated and it will be harder for you to recover," she said.

Dr. Ruth Williamson, medical director of the radiation oncology department at Huntington Hospital Cancer Center, said she's glad to have **Saddler** on board.

"I love Dr. **Saddler**," she said. "I've known her since she was diagnosed with breast cancer, and that's why she got into this. And it seems that quite a few of her patients are just raving about her."

Saddler's personal experience shaped her desire to offer acupuncture to her patients.

After being diagnosed with breast cancer in 1995, she underwent a lumpectomy and also had to endure chemotherapy and radiation treatments.

"I sought out an acupuncturist and that really helped with the nausea and fatigue," she said. "I also have a lot of allergies and a sensitivity to medications, so I didn't want to take any more of those than I had to."

Saddler's experience with acupuncture stayed with her. Now the physician incorporates that into her medical practice in Pasadena.

And she's thrilled to be offering the same kinds of treatments at Huntington.



Dr. **Paulette Saddler** (Diplomate, American Board of Internal Medicine) with acupuncture model at her office in Pasadena Wednesday, December 12, 2007. Dr. **Paulette Saddler** focuses her medical practice on treating the "whole person". While battling breast cancer she discovered first-hand the importance of incorporating holistic medicine with mainstream traditional internal medicine. (SGVN/Photo by Walt Mancini)

More News

Arrowhead closes direct offering
BP shifts pr duties to Bob Dudley
CarMax triples its net income
SCE working toward renewables goal
Fed strikes more cautious tone on US recovery
Rust Belt cities suffer
Census: Population losses stem from lack of work
Attorney general warns of short-sale fraud
Financial execs fear new

regulations
JPMorgan shuffles
executive positions
Walgreen sees profit fall
11 percent

"Right now it's about 10 people a week," she said. "I go one morning a week. But I could get another room and more hours in the future."

Saddler, who performs the acupuncture treatments herself, said her service is designed to be as convenient as possible for patients.

"The feedback so far has been very positive," she said. "This is helping patients to sleep better and feel more rested. And we're getting some improvement in dealing with nausea and pain relief."

For more information about the treatments, call (626-405-1034).

kevin.smith@sgvn.com

626-962-8811, Ext. 2701

[Return to Top](#)

Local businesses related to this subject [view all](#)

[Pasadena Star-News](#)

Newspaper | Pasadena CA 91106

[Toyota of Pasadena](#)

automobile - dealers - ne | Pasadena CA 91107

[EB Specialist](#)

Handyman | Pasadena CA 91003

[advertise your business here](#)

Type in your comments below


Name
(appears on your post)

Comments

Characters left: 4000

Type the numbers you see in the image on the right:

Post Comment



*Please note by clicking on "Post Comment" you acknowledge that you have read the [Terms of Service](#) and the comment you are posting is in compliance with such terms. **Be polite.** Inappropriate posts may be removed by the moderator. [Send us your feedback](#).*

<p>Local Retirement Homes Columbus Retirement Communities And Homes - Active, yellowpages.com</p>	<p>Cancer Center Treatments Become a carcinoma patient at CTCA. Call today. www.CancerCenter.com</p>	<p>Door Knob Discount Center Free Shipping, LowPrice Guarantee, DoorKnobDiscountCenter.com</p>
--	---	---

Ads by Yahoo!

