



Paulette Y. Saddler, M.D., F.A.C.P.
Medical Acupuncture
The Huntington Spa / Chuan Body + Soul

Dr. Saddler is on the Attending Staff of Huntington Memorial Hospital in Pasadena, Calif., and is trained and licensed in Western medicine. She also has a clinic offering acupuncture services at the Huntington Hospital Cancer Center and is a Clinical Assistant Professor of Family Medicine at the Keck School of Medicine of the University of Southern California.

Dr. Saddler personally discovered the benefits of acupuncture in 1995 when she was diagnosed with breast cancer and received acupuncture to manage the side effects of chemotherapy. She immediately recognized acupuncture's ability to stimulate the body's natural healing abilities to promoting physical and emotional well-being. In 1997, Dr. Saddler completed her acupuncture training and in 1998 she opened an office in Pasadena specializing in medical acupuncture.

Today, Dr. Saddler believes in treating the "whole" person, combining Eastern and Western techniques from acupuncture to breakthrough technologies. At The Huntington Spa, Dr. Saddler is the practicing Traditional Chinese Medicine (TCM) Doctor, providing services such as acupuncture, cupping, moxibustion, ear seeds, electrical stimulation and other treatments to address a wide range of medical problems, including digestive disorders, respiratory disorders, neurological and muscular disorders, and problems related to tension, stress and emotional conditions. Specific treatments include Smoking Cessation, Food Cravings, Stress Reduction and Neck or Low Back Tension.

The Huntington Spa at The Langham completed an exciting renovation in April 2010, and now features a state-of-the-art fitness center, couples' treatments and luxurious services such as massages, facials, body treatments, manicures, pedicures and hair services. A unique new element to the spa is the *Chuan Body + Soul* corridor, which incorporates Traditional Chinese Medicine services and aims to provide a comprehensive wellness experience with an array of pampering treatments to restore the mind, body and soul. Chuan Spa is Langham Hotels International's global spa brand and is continually recognized as one of the premiere spa concepts around the world.

For additional information or to book a treatment, guests may call The Huntington Spa directly at (626) 585-6414 or visit www.thehuntingtonspa.com.